

# Worcester Public Schools

## RETURN TO ATHLETIC PARTICIPATION FORM

TO BE COMPLETED BY A SCHOOL OFFICIAL

Record No. \_\_\_\_\_

1. Student's Name \_\_\_\_\_ School \_\_\_\_\_  
Home Address \_\_\_\_\_ Phone \_\_\_\_\_  
Grade \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

2. Injury (Illness) Information \_\_\_\_\_

Time/Date of Injury \_\_\_\_\_  Game  Practice

Type of Injury \_\_\_\_\_

Sport \_\_\_\_\_ Position Played \_\_\_\_\_

TO BE COMPLETED BY MEDICAL PROVIDER (a duly licensed physician; a certified athletic trainer in consultation with a licensed physician; a duly licensed nurse practitioner in consultation with a licensed physician; or a neuropsychologist after the student has been examined and cleared by a licensed physician.)

3. Description of Injury \_\_\_\_\_

4. Referred \_\_\_\_\_

Recommendations/Restrictions \_\_\_\_\_

a. No restrictions. Discharged as of \_\_\_\_\_  
(Date)

I have examined \_\_\_\_\_ and certify that he/she is recovered

\_\_\_\_\_ incurred on \_\_\_\_\_  
(Date)

b. No practice or competition until \_\_\_\_\_  
(Date)

c. Expected return to activity (after further evaluation) \_\_\_\_\_  
(Date)

d. No restrictions. Discharged as of \_\_\_\_\_  
(Date)

e. Required restrictions. (No contact, light practice only, etc.) \_\_\_\_\_

f. Other \_\_\_\_\_

Medical Provider's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Coach's Signature \_\_\_\_\_ Date \_\_\_\_\_

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_